

Are you a **cancer survivor** or diagnosed with a chronic illness?

The NIH Needs You!

The National Institute of Nursing Research (NINR), at the National Institutes of Health (NIH) is seeking people who are cancer survivors or have a chronic illness such as myalgic encephalomyelitis (ME), chronic fatigue syndrome (CFS), Sjogren's disease, or Lupus to participate in a research study on fatigue. Fatigue is a common side effect of various illnesses. Researchers want to test if a one-time dose of the medication Ketamine or a similar drug can reduce fatigue. This is not a treatment study for fatigue, cancer, ME, CFS, Sjogren's disease, or Lupus. Study procedures and medications are provided at no cost. Travel costs for study visits will be reimbursed in accordance with NIH guidelines.

Study involves:

- 9 visits to the NIH Clinical Center and 3 follow-up phone calls
- You will receive doses of Ketamine and an active drug (active placebo)
- You will complete questionnaires, assessments, and give blood samples
- This is an outpatient study that may last approximately one month

You may participate if you:

- Are at least 18 years old
- Have experienced fatigue for at least 6 months
- Are in cancer remission or have a diagnosis of ME, CFS, Sjogren's disease, or Lupus

You may ***NOT*** participate if you:

- Have HIV, Hepatitis B, or C
- Have post-traumatic stress disorder (PTSD) or a traumatic brain injury
- Are pregnant or nursing

***Please note that NINR employees/staff or their immediate family members are not eligible to participate.**

NIH Clinical Center Office of Patient Recruitment

1-800-411-1222 (refer to study 20-NR-0003)

TTY for the deaf or hard of hearing: 1-800-877-8339

prpl@cc.nih.gov

<https://go.usa.gov/xwbWq>

